

Packing List For Extreme Camp

Bedding:

- Sleeping bag
- Sheets
- Blanket
- Pillow

Clothing:

- Shirts (two per day helps in hot weather)
- Shorts
- Jeans
- Underwear
- PJs
- Socks
- Mud slide clothes (older cloths that could be thrown away)
- Tennis Shoes (closed toe shoes for recreation time)
- Flip flops are good for the shower
- Rain jacket or Umbrella
- Jacket, Sweater, or Sweatshirt
- Swimming suit (one-piece) and cover up
- Beach Towel

Toiletries:

- Shampoo/Conditioner
- Soap
- Wash Cloths
- Towels
- Deodorant
- Tooth Brush & Tooth Paste
- Comb/Brush

Other:

- Bible
- Notebook or Paper
- Pen / Pencil
- Flashlight & extra batteries
- Medication (to be checked in with nurse)
- Personal fan(s) (box fan and/or smaller fan) *IMPORTANT*
Most sleep areas are not air conditioned
- Extension cord and/or power strip for fans
- Bug spray
- Sunscreen
- Money for missionaries (we will have a daily time with a missionary)
- Money for camp store and canteen (snacks etc.)
- Trash bag for dirty clothes
- Reusable water bottle
- 1-2 cans of shaving cream (for shaving cream battle)
- Goggles for the shaving cream battle (to prevent it from getting in eyes)
- White Shirt, socks, or bandana for possible Tie-Dye activity

Dress Code:

Clothing must be modest and not a physical distraction. No shorts or skirts that are too short, tight apparel, exposure of underclothing, plunging necklines, low rider pants, spaghetti strap tank tops, tow piece or immodest swimwear. A covering must be worn to and from the pool (Guys wear a shirt). Any camper wearing inappropriate clothing will be asked to change.

Please Do Not Bring:

Cell phones	Electronic games & musical devices
Weapons of any kind	Fireworks
Food	