



WHAT'S MY SPIRITUAL STAGE?

Spiritual growth, like physical growth, is a process involving steps and stages that point toward a goal of full maturity. To grow, it is necessary to first know where you are. In the following pages you will find eight categories, each with statements that roughly reflect various spiritual stages where a person may be. Mark the answer in each section that best reflects how you currently act, think, or feel. Your answers will help you and your disciple maker prayerfully determine your personal spiritual stage. Further instructions can be found at the end of the assessment.



My Relationship with Jesus

1. I don't think Jesus is the only way to God (if there is a God).
2. I've accepted Jesus, but I have a lot of questions, and I'm not sure how to grow. I'm excited but, at times, frustrated with my faith. I am fairly content with where I am.
3. I've seen the difference Jesus has made in my life. I do things to try to grow in my faith, but I'm not as consistent as I need to be.
4. My relationship with Jesus is expressed in lots of areas of my life. I'm consistently trying to grow.
5. As my faith in Jesus has grown, so has my burden to help others grow. I get excited about opportunities to help others learn and grow closer to Christ.

My Answer _____

My Relationship with the Church

1. The church plays little to no part in my life.
2. I appreciate the church and usually enjoy my time there. I attend when it fits in my schedule.
3. I like the church but wish they would change some things so I could enjoy it more. I attend church at least two times a month.
4. I love my church. My church is where I serve, learn, and grow. I attend at least three times a month.
5. I love my church. God has placed me there. The people there are like family. I love teaming with other leaders to see others grow in Christ.

My Answer _____

My Relationship with Others

1. I'm content with my friendships as they are. Matters of faith don't really impact my relationships.
2. What matters is my relationship with Jesus. I can grow without the help of others.
3. I'm willing to connect with some people through a short term group, but don't want to commit to anything long term.
4. I've found a group of people who I meet with regularly to encourage me in my faith and help me take my next step with Christ.
5. I am intentional about relationships that help me grow in my faith as well as investing into others to help them grow.

My Answer_____

My Personal and Public Worship

1. I never, or hardly ever, pray, read the Bible, or listen to Christian music, and don't want to.
2. I attend worship services when I have time, and occasionally pray to God when I need help.
3. Most days I read a verse in the Bible and pray. I'll sing or take communion during a worship service if I feel like it.
4. I prioritize attending and participating in worship services no matter the style. I have a daily quiet time of prayer and Bible study. I'm pursuing how to grow deeper through prayer and fasting. I listen for God's voice throughout the day.
5. In addition to #4, I intentionally try to set an example by my worship attendance and participation. I invite and encourage others to come to church. I challenge those around me to develop a habit of a daily quiet time with Jesus.

My Answer_____

My Serving

1. I do not serve anywhere in a church or the community.
2. I would be open to serving for a one time event.
3. I have discovered my spiritual gift and I'm beginning to serve periodically.
4. I serve regularly in an area that I feel connected to and passionate about. I also help out with big events inside and outside of my church.
5. In addition to #4, I try to recruit or invite others to join me in serving. I volunteer for leadership roles in serving.

My Answer _____

My Giving

1. I almost never give anything to the church.
2. I give sometimes to the church and am open to extra giving projects.
3. I give regularly to the church.
4. I systematically and intentionally give a "tithe" of my income to my church and, at times, give beyond that.
5. In addition to #4, I urge others in my circles to grow in their giving.

My Answer _____

My Church Unity

1. I think very little about the church or its unity.
2. I'm not sure church unity is possible because people are stubborn and there is too much conflict.
3. I desire unity in the church, but wonder what difference I can make.
4. I feel responsible to help my church be unified and guard against doing anything that would detract from it. I actively seek to resolve conflict. I pray for my church.
5. I use my influence with others to help promote unity in my church. I encourage others to resolve conflict, seeking to understand and accept those who are different than them.

My Answer _____

My Witness

1. I don't see the need for someone to personally accept Jesus.
2. I am open to inviting a family member / friend / neighbor to a church event like Easter or Christmas Eve. I hope they will someday accept Christ.
3. I regularly invite people to church and try to set an example before them. I try to tell them about my relationship with Christ.
4. In addition to #3, I intentionally invest in my relationships with those God burdens me for and look for opportunities to engage them in conversations about Christ. I look for tools and training to make me better.
5. In addition to #4, I influence people in my circles to invest in relationships with people who are not Christians. I enjoy training others to become more effective in their witness.

My Answer _____

SPIRITUAL STAGE DESCRIPTIONS

1) Pre-Christian – no relationship with God

Ephesians 2:1-3

This person does not know Jesus and has not yet accepted Him as Savior. People in this stage may be antagonistic towards God, but they also may be curious and seeking answers about God.

2) Spiritual Infant – needs food and care

1 Corinthians 3:1-3; 1 Peter 2:2-3

This person has accepted Jesus as their Savior, but their life and actions may not match up with Jesus. Spiritual Infants are poised for growth, but need someone to walk alongside them helping them learn God's Word and how to grow in their faith. They often exhibit a pure excitement about their faith.

3) Spiritual Child – starting to grow and learn

1 John 2:12; 1 Thessalonians 2:10-12; Philemon 1:8-11

This person has a faith in Christ, a basic understanding of God's Word, and is beginning to reflect Jesus in their actions, but they are not always consistent. Their faith is often influenced by their circumstances and emotions. The spiritual child will grow as they understand their identity in Christ, find freedom from struggles with sin, and seek opportunities to begin serving.

4) Spiritual Young Adult – wants to serve

1 John 2:13-14; Galatians 5:13-14

This person recognizes his part in the body of Christ. They have moved from self-centeredness to God and others-centeredness. They are characterized by service, zeal, mission and spiritual independence. They have learned to push on when discouraged. This person is involved and connected.

5) Spiritual Parent – ready to reproduce

1 John 2:13-14; 2 Timothy 2:2

This person has been serving and ministering, and now thinks in terms of reproducing. They can feed themselves, and intentionally recruits people for personal growth and reproducing disciple-makers on the church team. There is someone they are personally trying to help learn and grow.

MY SPIRITUAL STAGE

Carefully review your answers. With the spiritual stage descriptions in mind, prayerfully determine what you see as your current spiritual stage. Discuss this with your discipler. Do not feel embarrassed if it is not the stage you wish it was! We all grow at different speeds and in different ways.

Mark the stage you believe best describes you currently:

Pre-Christian Infant Child Young Adult Parent