

My Kindness Challenge

WEEK 3

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
SEPTEMBER							OCTOBER						
				1	2	3							1
4	5	6	7	8	9	10	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30		23	24	25	26	27	28	29
							30	31					



S 10/02

M 10/03

Leave three genuine compliments on a social media platform.

**THIS IS A
CHURCHWIDE
CHALLENGE DAY**

T 10/04

W 10/05

TH 10/06

F 10/07

S 10/08

IDEA LIST FOR WEEK 3

- Say hello to someone new and try to learn their name.
- Draw a smiley face and give it to someone to cheer them up.
- Leave an encouragement note or a small gift under someone's windshield wiper.
- Tape a dollar on a vending machine.
- Leave three genuine compliments on a social media platform. **CHURCHWIDE**
- Do an extra chore without being asked.
- Stop and talk to a neighbor.
- Order pizza and have it delivered to a family or business.
- Put your phone away and give your full attention to someone.
- Pay a stranger's library fees or help carry something for a stranger.

