

My Kindness Challenge

WEEK 2

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
SEPTEMBER							OCTOBER						
				1	2	3							1
4	5	6	7	8	9	10	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30		23	24	25	26	27	28	29
							30	31					



S 09/25

M 09/26

T 09/27

W 09/28 *Text a prayer to the person you are focused on for the series, your one.*

TH 09/29

F 09/30

S 10/01

THIS IS A
CHURCHWIDE
CHALLENGE DAY

IDEA LIST FOR WEEK 2

1. Give three compliments today – make sure one is to a parent of a young child.
2. Paint a kindness rock and place it at a school or outside a business.
3. Leave an encouraging message on a post it on a bathroom mirror.
4. Leave an extra generous tip for your waiter or waitress.
5. Text a prayer to the person you are focused on for the series, your one. **CHURCHWIDE**
6. Let someone else in your home pick: the television show, radio station, movie, snack, etc.
7. Offer to mow, weed, or rake the neighbor's yard or garden for free.
8. Make dinner for a friend.
9. Let someone go ahead of you in line.
10. Donate canned goods to a local food pantry.

