

My Kindness Challenge

WEEK 1

SUN	MON	TUE	WED	THU	FRI	SAT
SEPTEMBER				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

SUN	MON	TUE	WED	THU	FRI	SAT
OCTOBER						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Serve Day 

S 09/18	<i>hold the door open for someone</i>
M 09/19	
T 09/20	
W 09/21	
TH 09/22	
F 09/23	
S 09/24	

IDEA LIST FOR WEEK 1

- Hold the door open for someone CHURCHWIDE
- Leave a sidewalk chalk message ART
- Write an encouraging note on a napkin and leave it on the table in a restaurant WRITING
- Give a thank you note/treat to a favorite employee or business MONEY RELATIONSHIPS
- Facetime someone you miss TECH RELATIONSHIPS
- Do the dishes or help with the laundry MONEY
- Take a neighbor's garbage can back up the driveway NEIGHBOR
- Put a few extra school supplies on a teacher or child's porch MONEY COMMUNITY
- Talk to someone new at church, work, or school SIMPLE
- Make a blessing bag for someone who is homeless or struggling (water, giftcard, gloves, note, etc.) COMMUNITY

