

My Kindness Challenge WEEK 1

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
SEPTEMBER							OCTOBER						
				1	2	3							1
4	5	6	7	8	9	10	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30		23	24	25	26	27	28	29
							30	31					

Serve Day

S 09/18

M 09/19

T 09/20

hold the door open for someone

THIS IS A
CHURCHWIDE
CHALLENGE DAY

W 09/21

TH 09/22

F 09/23

S 09/24

IDEA LIST FOR WEEK 1

1. Hold the door open for someone **CHURCHWIDE**
2. Leave a sidewalk chalk message
3. Write an encouraging note on a napkin and leave it on the table in a restaurant
4. Give a thank you note/treat to a favorite employee or business
5. Facetime someone you miss
6. Do the dishes or help with the laundry
7. Take a neighbor's garbage can back up the driveway
8. Put a few extra school supplies on a teacher or child's porch
9. Talk to someone new at church, work, or school
10. Make a blessing bag for someone who is homeless or struggling (water, giftcard, gloves, note, etc.)